



SERENITY
spa
— MENU —

— Body Massage —

Deep Tissue

A deeper pressure is deliberated and intentionally incorporated to manipulate your muscles and deeper tissue below the surface. Releasing tension of tissues aiding in relief of muscle pain and inflammation (not suitable for pregnant clients).

(90 min) \$55

(60 min) \$40

(30 min) \$20

Swedish massage

Traditional form of massage often used to facilitate relaxation by eliminating everyday tension held in your body.

(60 min) \$40

(30 min) \$20

Indian head and Shoulder Massage

Aids in relaxation, relieves head and shoulder tension, helps in concentration and relieves mental tiredness.

(30 min) \$20

Foot Reflexology

Focuses on reflex points on the feet that corresponds to all body parts. The benefit of reflexology reduces stress.

(30 min) \$20

Back Massage

Relieves stress and muscle tension.

(30 min) \$20

Aroma Therapy Massage

The use of essential oils and natural aromatic botanicals for psychological and physical well-being.

(60 min) \$40

(30 min) \$20

— Hydrotherapy —

Vichy Shower

Treatment with the Vichy shower simulates the feeling of floating on water, which many people find relaxing. As the showers massage, it stimulates body circulation, eliminating fatigue, headaches, acne and cellulite. The Vichy treatment can be invigorating, warming, purifying or soothing. Thus, enhancing your spa experience.

Vichy Shower (Scrub and Massage)	(120min) \$90
Vichy Shower (Massage)	(90min) \$80
Vichy Shower (Scrub)	(60min) \$70

Body Treatments

Exfoliate and hydrate your skin, leaving it smooth and soft. Choose from the availability of flavors.

(60 min) \$50

— Facial and Back Treatments —

Deep Cleansing Facial

For gentle exfoliation, skin rejuvenation, removal of blackheads, excess oil and dirt. Deep cleansing facial moisturizes and brightens skin.

(60 min) \$40

Anti-aging Facial

Softens expression lines, improved skin elasticity giving your skin a smooth and moisturized surface.

(60 min) \$50

Back Facial

Back facial is to cleanse and purify the pores on your back and clear the skin of dead skin cells. The result is fresh, clean, glowing skin.

(40 min) \$40

— Classic Mani and Pedi —

Mani-Pedi sessions remove dirt from under your nails and hard-to-reach places, thus keeping your nails strong and healthy. Gives you a well-groomed look.

Manicure with Hand Massage	(30min) Regular \$10, Gel \$15
Pedicure and Foot spa	(40min) Regular \$15, Gel \$20

